Sonu Varghese – Applicant Biography for Ontario Regional Director

Hello! My name is Sonu Varghese, I am a second-year medical student at Queen's University. I have had the pleasure and privilege to work with the CFMS over the last 2 years within the Government Affairs portfolio. Now, I am excited to run for one of the two Ontario Regional Director (ORD) board positions for the 2023-24 academic period.

I bring a variety of diverse perspective to this role, and I am excited to apply the skills and lesson from my previous experiences within this role. As the current National Officer of Political Action, I am quite familiar with the processes and structure of CFMS which I hope to make more transparent and easily understood for Ontario medical societies. Further, the role of the ORD involves working with the OMSA which is an organization I have also previously worked with in its Student Affairs portfolio. Taken together, I am excited to combine my networks and use it to improve the bi-directional communication between CFMS and the Ontario medical school societies. My two primary goals through the ORD role are to ensure Ontario medical students feel represented by CFMS and increase engagement in CFMS by the different Ontario medical schools.